



Day 1: Thursday, 26 October 2017

08:00 - 08:30	Registration	
09:00 - 10:00	Prevalence, Screening & Assessment Of Malnutrition In The 21st Century <b>Carla Prado, Canada</b>	
10:00 - 10:35	Opening Ceremony	
10:35 - 10:50	Coffee Break	
	<b>HALL A</b>	<b>HALL B</b>
	<b>Moderator: Nada Salhab, UAE</b>	<b>Moderator: Veena Raigangar, UAE</b>
10:50 - 11:20	Nutritional Complications of the Pancreas: a Dietitians Approach <b>Annelie Shaw, UAE</b>	Nutritional Assessment <b>Stephen McClave, USA</b>
11:20 - 11:50	Nutrition In Liver Diseases <b>Carla Vartanian, Lebanon</b>	Stage-based Education By Dedicated Dietitians In The Hemodialysis Unit: NEMO Trial <b>Rana Rizk, Lebanon</b>
11:50 - 12:20	Pediatric Nutrition and Kidney Disease <b>Loai Eid, UAE</b>	The Evolving Role of the Clinical Dietitian, What Does The Future Hold? <b>Adrienne Speedy, UAE</b>
12:20 - 12:50	Controversies in Infant Nutrition <b>Eslam El Baroudy, UAE</b>	Research Support Center, Activities at the Sheikh Hamdan Bin Rashid Award for Medical Sciences <b>Abdulla Bin Souqat, UAE</b>
12:50 - 13:00	Discussion	
13:00 - 14:00	Prayer / Lunch Break	
	<b>Moderator: Rola Ghali, UAE</b>	<b>Moderator: Suzan Haidar, Lebanon</b>
14:00 - 14:30	Closed Feeding System, Safety, Practicality & Cost Effectiveness <b>Tariq Dandis, UAE</b>	Role of Autophagy in Making Nutrition Decisions <b>Stephen McClave, USA</b>
14:30 - 15:00	Advances in the Nutritional Management Of Hyperphosphatemia Among Hemodialysis Patients <b>Rana Rizk, Lebanon</b>	Food Safety Knowledge and Practices among Lebanese University Students and Food Handlers <b>Hussein F. Hassan, Lebanon</b>
15:00 - 15:30	Development of a Dietary Application For The Management of Hemodialysis Patients in the United Arab Emirates <b>Cosette Fakih, Lebanon</b>	The UAE Healthy Future Study: A Prospective Cohort Study <b>Abdihakur Abdulle, UAE</b>
15:30 - 16:00	Nutrition Management of Children on Dialysis <b>Loai Eid, UAE</b>	The Role Of Nutrition in Preventing and Reversing Low Lean Mass <b>Carla Prado, Canada</b>
16:00 - 16:10	Discussion	
16:10 - 16:20	Coffee Break	
	<b>Moderator: Natacha Ajaka, UAE</b>	<b>Moderator: Adrienne Speedy, UAE</b>
16:20 - 16:50	Intestinal Failure: Management of Short Bowel Syndrome <b>Stephen McClave, USA</b>	What Can We Do To Prevent and Control Type 2 Diabetes <b>Mohammed Hassanien, UAE</b>
16:50 - 17:20	ASPEN Safe Practices for Enteral Nutrition Therapy <b>Ainsley Malone, USA</b>	The Association Between Sleep Quality and Health Related Quality of Life in Adults with Diabetes Type 2 in the United Arab Emirates <b>Wegdan Bani Issa, UAE</b>
17:20 - 17:50	Micronutrients in Parenteral Nutrition <b>Gil Hardy, UK</b>	Obesity and Other Correlates of Physical Activity and Sedentary Behaviors <b>Veena Raigangar, UAE</b>
17:50 - 18:00	Discussion	

## Day 2: Friday, 27 October 2017

07:00 - 08:00

Registration

08:00 - 09:00

Clinical and Health Economic Benefits of Peri-Operative and ICU Nutrition  
**Robert Martindale, USA**

### HALL A

**Moderator: Mona Hashem, UAE**

09:00 - 09:30

Micronutrients and Cognitive Function in Early Life  
**Sanaa Youssef, Egypt**

09:30 - 10:00

Brain Food: Are We Really Able to Alter Function with Nutrients?  
**Robert Martindale, USA**

### HALL B

**Moderator: Ayesha AL Dhaheri, UAE**

Malnutrition Upon Admission to Hospitals: The Role of Early Intervention on Length of Hospital Stay and Healthcare Costs  
**Cosette Fakih, Lebanon**

Health Economics and Outcomes Research in Malnutrition  
**Scott Goates, USA**

10:00 - 10:10

Discussion

10:10 - 10:20

Coffee Break

**Moderator: Mirey Karavetian, UAE**

10:20 - 10:50

ERAS Nutritional Consideration  
**Ashraf Elhoufi, UAE**

10:50 - 11:20

Breastfeeding Support in Neonatal Intensive Care  
**Mahmoud Elhalik, UAE**

11:20 - 11:50

The Protein Era in ICU  
**Ranim Kaddoura, UAE**

11:50 - 12:00

Effect of Flavonoid-rich Fruit in Cardiovascular Health-Randomized Controlled Trial  
**Randah Alqurashi, KSA**

12:00 - 12:10

Effect of Intradialytic-Aerobic Exercise on Clinical Outcomes of Hemodialysis Patients in United Arab Emirates: Study Protocol and Baseline Data  
**Nada Salhab, UAE**

**Moderator: Leila Cheikh Ismail, UK**

Heavy Metals and Microbial Contamination of Fresh Herbs Commonly Consumed in Dubai  
**Rania Dghaim, UAE**

How Safe is your Household Potable Water Source?  
**Munawwar Khan, UAE**

Extended Enhanced Recovery After Surgery: Prehabilitation Programmes  
**Nader Francis, UK**

DHA Innovation in Partnership With Private Sector – Tummy Fish  
**Wafa Ayesh, UAE**

Prevalence of Orthorexia Nervosa In Lebanese University Students and Relationship Between Orthorexia, Body Image, Body Weight and Physical Activity  
**Malika Al Kattan, UK**

12:10 - 12:20

Discussion

12:20 - 13:30

Prayer/Lunch Break

**Moderator: Hadia Radwan, UAE**

13:30 - 14:00

Consensus on Training and Implementation of Enhanced Recovery After Surgery: A Delphi study  
**Nader Francis, UK**

14:00 - 14:30

Importance of Protein in Acute Illness  
**Robert Martindale, USA**

14:30 - 15:00

Probiotics and Critical Illness  
**Ashraf Elhoufi, UAE**

15:00 - 15:10

The Ultimate Diet To Overcome Pcos, What Works And What Doesn't?  
**Ayla Coussa, UAE**

15:10 - 15:20

Time-Restricted Feeding during Ramadan Intermittent Fasting Reduces Visceral Fat and Modulates Adipocytokines in Obese Subjects  
**MoezAlIslam Faris. UAE**

15:20 - 15:30

**Moderator: Rania Dghaimn, UAE**

To Eat Or Not To Eat During Hemodialysis Treatment?  
**Rana Rizk, Lebanon**

Nutritional Management of Food Sensitivities: Differentiating Allergies from Intolerances  
**Carla Vartanian, Lebanon**

Highlights on Cow's Milk Protein Allergy In Infants  
**Fatma AlJassim, UAE**

Feeding Practices Among Autistic Children and Adolescence in Abu Dhabi Capital District-A Pilot Study  
**Malin Garemo, UAE**

Effect of Soy and SIP Consumption On Biochemistry And Histology Of The Reproductive System of Adult Albino Rats  
**Khaled Alkassar, Egypt**

Perceptions and Experiences of Food Allergy Among Parents in Tabuk City- Kingdom of Saudi Arabia  
**Muhannad Alanazi – KSA**

15:30 - 15:40

Discussion

15:40 - 15:50		Coffee Break	
<b>Moderator: Khaled El Atawi, UAE</b>		<b>Moderator: Taif Al Sarraj, UAE</b>	
15:50 - 16:20	Infantile Colic Updated And Management <b>Sanaa Youssef, Egypt</b>	The Effect of Ginger Powder on Blood Glycaemia, Blood Lipidemia and Body Composition on Adults at Risk for Cardiovascular Diseases <b>Ayesha AL Dhaheeri, UAE</b>	
16:20 - 16:50	Nutritional Management of Chronic Diarrhea in Infancy and Childhood <b>Ali Mehaidi, KSA</b>	The Fat Burners! <b>Mr. Mohammed Saad, Bahrain</b>	
16:50 - 17:20	Gut Microbiota and Obesity <b>Afif Abdel Nour, Lebanon</b>	The Dietetics Concepts for Down Syndrome <b>Layla Agha, Kuwait</b>	
17:20 - 17:30		Discussion	



### Day 3: Saturday, 28 October 2017

07:30 - 08:00		Registration	
08:00 - 09:00		The Delightful Vitamin D for Health <b>Michael Holick, USA</b>	
<b>HALL A</b>		<b>HALL B</b>	
<b>Moderator: Rana Rizk, Lebanon</b>		<b>Moderator: Hussein F. Hassan, Lebanon</b>	
09:00 - 09:30	Depletion of LBM in Cancer Patients - Impact on treatment <b>Hassan Jaafar, UAE</b>	Setting Guidelines and Regulations for Research Among UAE Or the Importance of Research for UAE <b>Suad Hannawi, UAE</b>	
09:30 - 10:00	Specialized Nutritional Therapy in Cancer patients during chemotherapy - The Role of EPA <b>Alessandro Laviano, Italy</b>	Tackling Childhood Obesity in Abu Dhabi <b>Rahma Al Ketbi, UAE</b>	
10:00 - 10:30	Health Economics of Nutritional Therapy in Oncology <b>Tariq Dandis, UAE</b>	DNA Testing 'The Secret of a Healthier Life' <b>Afif Abdel Nour, Lebanon</b>	
10:30 - 10:40		Discussion	
10:40 - 10:50		Coffee Break	
<b>Moderator: Cosette Fakih, Lebanon</b>		<b>Moderator: Carla Vartanian, Lebanon</b>	
10:50 - 11:20	Anaemia in Cancer Patients - Significance & Management <b>Lina Wahba, UAE</b>	Nutrient Profiling Model <b>Arwa Almodwahi, UAE</b>	
11:20 - 11:50	Cancer Patient treatment Journey-Different Nutritional Management Objectives <b>Alessandro Laviano, Italy</b>	Physical Activity Guidelines During Pregnancy and The Post-partum Period <b>Veena Raigangar, UAE</b>	
11:50 - 12:20	Changes In Carbohydrate, Lipid, And Protein Metabolism in Cancer <b>Khalid A. Al-Madani, KSA</b>	Weight-Cut Nutrition for MMA Fighters <b>Mohammed Saad, Bahrain</b>	
12:20 - 12:30		Discussion	
12:30 - 13:30		Prayer/Lunch Break	

Moderator: Anita Methrayil Koshy, UAE		Moderator: Bulbin Jose, UAE	
13:30 - 14:00	Protein in Critical Care – Renal patients <b>Ashraf Elhoufi, UAE</b>	Exposure to Aflatoxin M1 Through Breast Milk and Dairy Products in Lebanon; <b>Hussein F. Hassan, Lebanon</b>	
14:00 - 14:30	Aspiration Pneumonia Prevention: A Multidisciplinary Approach <b>Salman Abdulaziz, UAE</b>	Self-Management in Diabetes <b>Mohamed Farghaly, UAE</b>	
14:30 - 14:40	Maternal Nutrition Counseling Offered During Pregnancy Reduces Low Birth Weight Among Infants Born In Nairobi Slums, Kenya <b>Carolyn Nyamasege, Kenya</b>	Do Lebanese Freshman Students Gain Weight? <b>Suzan Haidar, Lebanon</b>	
14:40 - 14:50	Improvements in long Term Weight-loss and Clinical Parameters With The Use of Nutrigenetics in a 2-year <b>Maria Vranceanu, Italy</b>	Knowledge, Beliefs and Attitudes of College Students Toward To The Role Dietary And Lifestyle Behaviors In Cancer Prevention: A Cross-sectional Study Form Sharjah/UAE <b>MoezAllIslam Faris, UAE</b>	
14:50 - 15:00	Effect of diet and lifestyle Counselling Among Impaired Glucose Tolerant Subjects <b>Syeda Amena Omer, India</b>	Smoking Among Children and Adolescences (10-19 years old) in the UAE, DUBAI <b>Shurooq Alasmawi, UAE</b>	
15:30 - 15:40		Discussion	
15:40		Coffee Break	
		Closing	

## WORKSHOPS - AI Amwaj 1

### 26 October 2017

14:00 - 17:00	Food & Beverage Innovation & Renovation - Success & Challenges Sweeteners and Sweetness: Sweetener Safety	Omar Obaid, Lebanon Ashley Roberts, Canada
---------------	---	---

### 27 October 2017

09:00 - 12:00	<b>ASPEN WORKSHOP:</b> Practicalities of Assessing and Managing Nutrition Support Pharmaconutrition with Selenium in Intensive Care: The End of an Era? Malnutrition Update: Definition, Intervention and Outcomes	Gil Hardy, USA Ainsley Malone, USA
14:00 - 16:00	Health and Fitness Keys	Osama Lalla, UAE

### 28 October 2017

08:00 - 10:00	Appropriate prescribing of Oral Nutritional Supplements (ONS) in hospital and community (Nursing Workshop)	Jillian Wendy Rigg, UAE
10:00 - 12:00	Nutritional Management of Bariatric Surgery Patients	Fatma Sadek, UAE