



4th Dubai International Nutrition Congress

24 - 26 October 2018

Driving innovation and Excellence in Nutrition

*SCIENTIFIC PROGRAM

Day 1: Wednesday 24 October 2018

08:00 - 08:30	Registration	
09:00 - 10:00	Human Milk Oligosaccharides in Infant Nutrition - Barbara Marriage, USA Moderator: Hadia Radwan	
10:00 - 10:40	Opening Ceremony	
10:40 - 10:50	Coffee Break	
	HALL A	HALL B
	Moderator: Mirey Karavetian	Moderator: Murielle Abou-Samra
10:50 - 11:15	Nutritional Challenges of VLBW Infant Junaid Muhib Khan, UAE	Ketogenic Diet And Cancer Carla Vartanian, Lebanon
11:15 - 11:40	Lipid & Critical Illness Ashraf Mahmoud Elhoufi, UAE	The Role Of EPA In Cancer Patients Alessandro Laviano, Italy
11:40 - 12:05	Nutritional Management Of End Stage Liver Failure Krystel Ouaijan, Switzerland	Nutrition Support For Sarcopenia In Cancer Patients Kalliopi-Anna Poulia, Greece
12:05 - 12:30	Timing Of Proteins And Calories During Critical Illness Arthur Van Zanten, Netherlands	Health Economics Of Nutritional Therapy In Oncology Tariq Dandis, UAE
12:30 - 12:40	Discussion	
12:40 - 13:45	Prayer / Lunch Break	
	Moderator: Kalliopi-Anna Poulia	Moderator: Sima Hamadeh
13:45 - 14:10	Prebiotics and HMO, what is the which of which Sanaa Youssef, Egypt	The intricate link of the gut microbiota with the brain – from cognition to autism Koen Venema, Netherlands
14:10 - 14:35	Brain Nurturing and Nutrition Eslam Tawfik, UAE	Mitochondrial dysfunction and nutrition Arthur van Zanten, Netherlands
14:35 - 15:00	The nutritional management of ERAS Mirey Karavetian, UAE	Brain physiology: how does the brain really work? Pascal Steiner, Switzerland
15:00 - 15:25	The important role of peri-operative Nutrition in Enhanced Recovery After Surgery (ERAS). Medhat Shalabi, UAE	Hormonal and gut peptide regulation of appetite Murielle Abou-Samra, Lebanon
15:25 - 15:35	Discussion	
15:35 - 15:45	Coffee Break	
	Moderator: Carla Vartanian	Moderator: Hadia Radwan
15:45 - 16:10	New Concepts in Nutrition for Brain Health Atul Singhal, London	The Wellness Connection to Nutrition - why wellness practices are of importance in nutrition to achieve optimum health outcomes. Talar Hagopian, UAE
16:10 - 16:35	Nutritional Management of Cow's Milk Protein Allergy (CMPA) Barbara Marriage, USA	Healthy dietary patterns: are they also sustainable? Farah Naja, Lebanon
16:35 - 17:00	How To Optimize Nutritional Care In Preterm Infants Dima Abdulqudos, KSA	Health-related Quality of Life in obesity: The ignored outcome in Arab population Marwan El Ghoch, Italy
17:00 - 17:10	Discussion	

Day 2: Thursday 25 October 2018

07:00 - 08:00 Registration

08:00 - 09:00 Development Origins of Health and Disease -an update - **Atul Singhal, London**
Moderator: Natacha

HALL A

Moderator: Krystel Ouaijan

09:00 - 09:25 Aggressive Nutrition Of The Preterm Babies; Role Of Enteral Feeding
Khaled El-Atawi, UAE

09:25 - 09:50 Aggressive Nutrition Of The Preterm Babies; Role Of TPN
Lois Alexander, UAE

09:50 - 10:15 The Effects Of Kangaroo Care On A Neonatal Nutrition And Development.
Mahmoud Elhalik, UAE

10:15 -10:25 Discussion

10:25 - 10:35 Coffee Break

Moderator: Moez Al-Islam Faris

10:35 - 11:00 Fulfilling the Nutritional Gap In Dysphagia
Krystel Ouaijan, Switzerland

11:00 - 11:25 Understanding nutrition interplay with brain structural, functional and cognitive developments
Pascal Steiner, Switzerland

11:25 - 11:50 Nutrition And Wound Care Management
Carla Vartanian, Lebanon

11:50 - 12:15 Reality Of Prebiotics And Healthy Gut
Waffa Helmi Ayesh, UAE

12:15 - 12:25 Discussion

12:25 - 13:30 Prayer / Lunch Break

Moderator: Farah Hillou

13:30 - 13:55 Probiotics In Pediatrics Practice
Erika Isolauri, Finland

13:55 - 14:20 The Importance Of Nutrition In Paediatric Critical Care
Nicholas Hoque, UAE

14:20 - 14:45 Early Infant Feeding Practices As Possible Risk Factors For Immunoglobulin E-Mediated Food Allergies In Kuwait
Munirah Albeajan, Kuwait

14:45 - 15:10 Cancer Patient Treatment Journey
Alessandro Laviano, Italy

15:10 -15:20 Discussion

15:20 - 15:30 Coffee Break

HALL B

Moderator: Cosette Fakh

Cognitive Behavioral Therapy For Obesity: Long-Term Lifestyle Modification Program And Its Implementation In Arab Countries
Marwan El Ghoch, Italy

Gaps And Opportunities For Nutrition Research In Relation To Ncds In Arab Countries: Call For An Informed Research Agenda".
Farah Naja, Lebanon

Assessing Oxidative Stress And Inflammation and Their Relation to Dietary and Lifestyle Behaviors Using Salivary Markers In Healthy Adults.
Moez Al-Islam Faris, UAE

Moderator: Haleama Al Sabbah

Knowledge, Attitude and Intention Of Breastfeeding Among Male And Female University Students
Mona Hashim, UAE

Effects of Interactive Food and Beverages Marketing Targeting Youth: Recommendations for Responsible Food Marketing in the Digital Age
Sima Hamadeh, Lebanon

Healthy by design: Nutrient profiles for foods and beverages (re) formulation. Principles, application and health impact
Undine Lehmann, Berlin

Seawater Applications In Medicine And Nutrition: The Last Research
Guillermo Gosalbez Coll, Spain

Moderator: Leila Cheikh, Best Of Nutrition 2018 - ASN

The Growing Burden Of Sugar: A Global Perspective
Fred Brouns, Netherlands

Does Low-Energy Sweetener Consumption Affect Appetite, Energy Intake and Body Weight?
John Peters, USA

Low Calorie Sweeteners and Cardio metabolic Health: What Do I Tell My Patients?
John Sievenpiper, Canada

Reducing the Sugar Burden In the Middle East: The Role of Low Calorie Sweeteners
Q&A Session

Moderator: Khaled El-Atawi		Moderator: Waffa Helmi Ayesh	
15:30 - 15:55	Popular Weight Loss Diets: Review And Evidence Fatme Sadek, UAE	Type 2 Diabetes Management And Complications. Haleemah Al Sabah, UAE	
15:55 - 16:20	Aspects Of Personalized Nutrition, Adapting Diet To Genetic Profile Maria Vranceanu, Romania	E-Health And Behavior Cosette Fakih, Netherlands	
16:20 - 16:45	The Integrative And Functional Nutrition Approach Farah Hillou, UAE	The Challenging Role Of Clinical Nutrition Managers Mireille Najm, Canada	
16:45 - 17:10	Herbal Remedies and Women Health during Menopause: Dealing with the Facts “ Doaa Genena, Egypt	Leadership In Clinical Dietetics? (UAE Experience) Taif Al Sarraj, UAE	
17:10 - 17:30	Discussion		

Day 3: Friday 26 October 2018

07:00 - 08:00	Registration		
08:00 - 09:00	High protein intake always the best? - Arthur van Zanten, Netherlands Moderator: Mirey Karavetian		
HALL A		HALL B	
Moderator: Farah Naja		Moderator: Mona Hashim	
09:00 - 09:25	Allergy prevention: current concepts Erika Isolauri, Finland	Examining Breastfeeding Self-Efficacy, Infant Feeding Method, and Mental Health among Postnatal Women in the United Arab Emirates: A Cohort Study Randa Fakhry, UAE	
09:25 - 09:50	Validation Of An Arabic Version Of The Obesity-Related Wellbeing (ORWELL 97) Questionnaire In Adults With Obesity Leila Itani, Lebanon	Infant Feeding & Introduction of Solid Dima Abdulqudos, KSA	
09:50 - 10:15	WHEN To Initiate Parenteral Nutrition A Frequent Question With New Answers Ainsley Malone, USA	Dietary sodium intake: knowledge, attitudes and practices among University of Sharjah Students Leila Cheikh Ismail, UAE	
10:15 -10:25	Discussion		
10:25 - 10:35	Coffee Break		
Moderator: Dima Abousaleh		Moderator: Lucy Semerjian	
10:35 - 11:00	Post –Operative Energy and Nutrient Requirements Murielle Abou-Samra, Lebanon	Walking Improves Adiponectin level and Metabolic Syndrome components in Young Women Haydar Hasan, UAE	
11:00 - 11:25	Metabolic surgery Revolution in treatment of obesity and diabetes Tarek Ibrahim Mahdi, UAE	A minimally processed dietary pattern is associated with lower odds of metabolic syndrome among Lebanese adults Leila Itani, Lebanon	
11:25 - 11:50	Bariatric Surgery in Pediatrics (Tawam Hospital Experience) Taif Al Sarraj, UAE	The Effect of Gum Arabic on Blood Glycemia, Blood Lipidemia, Body Composition and Gastrointestinal Tract in UAE Adults at Risk of Metabolic Syndrome” Ayesha Al Dhaheri, UAE	
11:50 - 12:15	Nutrition Counseling In The Treatment Of Eating Disorders Marcia Herrin, USA	The Association between Magnesium Status and the Metabolic Syndrome among Apparently Healthy Women in Kuwait Dalal Al-Kazemi, Kuwait	
12:15 - 12:25	Discussion		
12:25 - 13:30	Prayer / Lunch Break		

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Moderator: Randa Fakhry		Moderator: Farheen Dhinda	
13:30 -13:55	Gut Microbiota In Health And Disease Koen Venema, Netherlands	Small Steps Result In BIG CHANGES. If I Can Do It, You Can Too!! Mariam Aljenaibi, UAE	
13:55 - 14:20	Human milk oligosaccharides in clinical studies Philippe Alliet, Belgium	Prevention of Osteoporosis Before Menopause With Nutrition Myriam Abboud, UAE	
14:20 -14:45	Bone Marrow Transplant And Nutrition Natacha Ajaka, UAE	Pediatric Obesity and Metabolic Syndrome: Current situation and a promising future on Microbiome Dimitrios's Papandreou, UAE	
14:45 - 15:15	Nutrition in the Critically Ill Patients Naheed Elahi Iqbal, UAE	Radioactivity Levels In Bottled Water, Associated Doses, And Lifetime Risk Assessment In The United Arab Emirates Lucy Semerjian, UAE	
15:15 -15:40	Weight perception: The hidden aspect in Childhood obesity Naguib Abdel Reheim, UAE	Sport nutrition: Challenge plan Ahmad AlSaleh, Kuwait	
15:40 - 16:05	Assessment of Nutrition Knowledge, and Dietary Behavior of Post Bariatric Surgery Patients in Rashid Hospital Outpatient Clinic in Dubai, UAE. Souheir Mahmoud, UAE	The Social Psychology Of Food And Body Image: Exploring New Dimensions In Public Health Policies In MENA Sima Hamadeh, Lebanon	
16:05 - 16:15	Discussion		
Coffee Break will be on going from 14:30 until the end of this session			
Closing			

WORKSHOPS

Day 1: Wednesday 24 October 2018

14:00 - 16:00	Malnutrition matters in healthcare – screen & assess Krystel Ouaijan, Switzerland	Nutrition treatment for Phenylketonuria – PKU Cosette Fakih, Netherlands
16:00 - 18:00	Strategies for Positive Addiction to Physical Activity and the Reality of Physical Exercise Osama Al Lala, UAE	The PEN: Practice-based Evidence in Nutrition Mireille Najm, Canada

Day 2: Thursday 25 October 2018

09:00 - 11:00	Dietetic Treatment for Binge-Eating Disorder Marcia Herrin, USA	Cachexia in Cancer Patients- Can it be halted Doaa Genena, Egypt
14:00 - 18:00	Nutritional Support In Metabolic Syndrome (ESPEN Life Long Learning Advanced Nutrition Course) Kalliopi Anna Poulia, Greece Waffa Helmi Ayesh, UAE Mirey Karavetian, UAE	

Day 3: Friday 26 October 2018

09:00 - 13:00	Let's Talk About Nutrition Communication Skills For Health Care Professionals (ESPEN Life Long Learning Advanced Nutrition Course) Kalliopi Anna Poulia, Greece Waffa Helmi Ayesh, UAE Mirey Karavetian, UAE	
14:00 - 17:00	ASPEN - Assessing and Managing Enteral and Parenteral Nutrition: A Case Based Approach Ainsley Malone, USA	