

Day 1: Thursday, 26 October 2017

08:00 - 08:30	Registration	Registration	
09:00 - 10:00	The Delightful Vitamin D for Health Michael Holick, USA	The Delightful Vitamin D for Health Michael Holick, USA	
10:00 - 10:35	Opening Ceremony	Opening Ceremony	
10:35 - 10:50	Coffee Break	Coffee Break	
HALL A		HALL B	
Moderator: Nada Salhab, UAE		Moderator: Veena Raigangar, UAE	
10:50 - 11:20	Nutritional Complications of the Pancreas: a Dietitians Approach Annelie Shaw, UAE	Nutritional Assessment Stephen McClave, USA	
11:20 - 11:50	Nutrition In Liver Diseases Carla Vartanian, Lebanon	Stage-based Education By Dedicated Dietitians In The Hemodialysis Unit: NEMO Trial Rana Rizk, Lebanon	
11:50 - 12:20	Pediatric Nutrition and Kidney Disease Loai Eid, UAE	The Evolving Role of the Clinical Dietitian, What Does The Future Hold? Adrienne Speedy, UAE	
12:20 - 12:50	Controversies in Infant Nutrition Eslam El Baroudy, UAE	Research Support Center, Activities at the Sheikh Hamdan Bin Rashid Award for Medical Sciences Abdulla Bin Souqat, UAE	
12:50 - 13:00	Discussion	Discussion	
13:00 - 14:00	Prayer / Lunch Break	Prayer / Lunch Break	
Moderator: Rola Al Ghali, UAE		Moderator: Suzan Haidar, Lebanon	
14:00 - 14:30	Closed Feeding System, Safety, Practicality & Cost Effectiveness Tariq Dandis, UAE	Role of Autophagy in Making Nutrition Decisions Stephen McClave, USA	
14:30 - 15:00	Advances in the Nutritional Management Of Hyperphosphatemia Among Hemodialysis Patients Rana Rizk, Lebanon	The Association Between Sleep Quality and Health Related Quality of Life in Adults with Diabetes Type 2 in the United Arab Emirates Wegdan Bani Issa, UAE	
15:00 - 15:30	Development of a Dietary Application For The Management of Hemodialysis Patients in the United Arab Emirates Cosette Fakih, Lebanon	The UAE Healthy Future Study: A Prospective Cohort Study Abdihakur Abdulle, UAE	
15:30 - 16:00	Nutrition Management of Children on Dialysis Loai Eid, UAE	The Role Of Nutrition in Preventing and Reversing Low Lean Mass Carla Prado, Canada	
16:00 - 16:10	Discussion	Discussion	
16:10 - 16:20	Coffee Break	Coffee Break	
Moderator: Natacha Ajaka, UAE		Moderator: Adrienne Speedy, UAE	
16:20 - 16:50	Intestinal Failure: Management of Short Bowel Syndrome Stephen McClave, USA	What Can We Do To Prevent and Control Type 2 Diabetes Mohammed Hassanien, UAE	
16:50 - 17:20	ASPEN Safe Practices for Enteral Nutrition Therapy Ainsley Malone, USA	Food Safety Knowledge and Practices among Lebanese University Students and Food Handlers Hussein F. Hassan, Lebanon	
17:20 - 17:50	Micronutrients in Parenteral Nutrition Gil Hardy, New Zealand	Obesity and Other Correlates of Physical Activity and Sedentary Behaviors Veena Raigangar, UAE	
17:50 - 18:00	Discussion		

Day 2: Friday, 27 October 2017

07:00 - 08:00	Registration	Registration
08:00 - 08:45	Clinical and Health Economic Benefits of Peri-Operative and ICU Nutrition Robert Martindale, USA	Clinical and Health Economic Benefits of Peri-Operative and ICU Nutrition Robert Martindale, USA
08:45 - 09:30	Prevalence, Screening & Assessment Of Malnutrition In The 21st Century Carla Prado, Canada	Prevalence, Screening & Assessment Of Malnutrition In The 21st Century Carla Prado, Canada
	HALL A	HALL B
	Moderator: Carla Vartanian, Lebanon	Moderator: Ayesha AL Dhaheer, UAE
09:30 - 10:00	Micronutrients and Cognitive Function in Early Life Sanaa Youssef, Egypt	Malnutrition Upon Admission to Hospitals: The Role of Early Intervention on Length of Hospital Stay and Healthcare Costs Cosette Fakih, Lebanon
10:00 - 10:30	Brain Food: Are We Really Able to Alter Function with Nutrients? Robert Martindale, USA	Health Economics and Outcomes Research in Malnutrition Scott Goates, USA
10:30 - 10:40	Discussion	Discussion
10:40 - 10:50	Coffee Break	Coffee Break
	Moderator: Mirey Karavetian, UAE	Moderator: Leila Cheikh Ismail, UK
10:50 - 11:20	Breastfeeding Support in Neonatal Intensive Care Mahmoud Elhalik, UAE	How Safe is your Household Potable Water Source? Munawwar Khan, UAE
11:20 - 11:50	The Protein Era in ICU Ranim Kaddoura, UAE	Extended Enhanced Recovery After Surgery: Prehabilitation Programmes Nader Francis, UK
11:50 - 12:00	Effect of Flavonoid-rich Fruit in Cardiovascular Health-Randomized Controlled Trial Randah Alqurashi, KSA	DHA Innovation in Partnership With Private Sector – Tummy Fish Wafaa Ayesh, UAE
12:00 - 12:10	Effect of Intradialytic-Aerobic Exercise on Clinical Outcomes of Hemodialysis Patients in United Arab Emirates: Study Protocol and Baseline Data Nada Salhab, UAE	Prevalence of Orthorexia Nervosa In Lebanese University Students and Relationship Between Orthorexia, Body Image, Body Weight and Physical Activity Malika Al Kattan, UK
12:10 - 12:20	Discussion	Discussion
12:20 - 13:30	Prayer/Lunch Break	Prayer/Lunch Break
	Moderator: Hadia Radwan, UAE	Moderator: Mona Hashem, UAE
13:30 - 14:00	Consensus on Training and Implementation of Enhanced Recovery After Surgery: A Delphi study Nader Francis, UK	Highlights on Cow's Milk Protein Allergy In Infants Fatma AlJassim, UAE
14:00 - 14:30	Importance of Protein in Acute Illness Robert Martindale, USA	Nutritional Management of Food Sensitivities: Differentiating Allergies from Intolerances Carla Vartanian, Lebanon
14:30 - 15:00	Probiotics and Critical Illness Ashraf Elhoufi, UAE	To Eat Or Not To Eat During Hemodialysis Treatment? Rana Rizk, Lebanon
15:00 - 15:10	The Ultimate Diet To Overcome Pcos, What Works And What Doesn't? Ayla Coussa, UAE	Feeding Practices Among Autistic Children and Adolescence in Abu Dhabi Capital District-A Pilot Study Malin Garemo, UAE
15:10 - 15:20	Time-Restricted Feeding during Ramadan Intermittent Fasting Reduces Visceral Fat and Modulates Adipocytokines in Obese Subjects MoezAlIslam Faris, UAE	Effect of Soy and SIP Consumption On Biochemistry And Histology Of The Reproductive System of Adult Albino Rats Khaled Alkassar, Egypt
15:20 - 15:30		Perceptions and Experiences of Food Allergy Among Parents in Tabuk City- Kingdom of Saudi Arabia Muhannad Alanazi – KSA
15:30 - 15:40	Discussion	Discussion
15:40 - 15:50	Coffee Break	Coffee Break
	Moderator: Khaled El Atawi, UAE	Moderator: Taif Al Sarraj, UAE
15:50 - 16:20	Infantile Colic Updated And Management Sanaa Youssef, Egypt	The Effect of Ginger Powder on Blood Glycaemia, Blood Lipidemia and Body Composition on Adults at Risk for Cardiovascular Diseases Ayesha AL Dhaheer, UAE
16:20 - 16:50	Nutritional Management of Chronic Diarrhea in Infancy and Childhood Ali Al Mehadib, KSA	The Fat Burners! Mr. Mohammed Saad, Bahrain
16:50 - 17:20	Gut Microbiota and Obesity Afif Abdel Nour, Lebanon	The Dietetics Concepts for Down Syndrome Layla Agha, Kuwait
17:20 - 17:30	Discussion	Discussion

Day 3: Saturday, 28 October 2017

07:30 - 08:00	Registration	Registration	
08:00 - 09:00	ERAS Nutritional Consideration Ashraf Elhoufi, UAE	Heavy Metals and Microbial Contamination of Fresh Herbs Commonly Consumed in Dubai Rania Dghaim, UAE	
HALL A		HALL B	
Moderator: Rana Rizk, Lebanon		Moderator: Hussein F. Hassan, Lebanon	
09:00 - 09:30	Depletion of LBM in Cancer Patients - Impact on treatment Hassan Jaafar, UAE	Setting Guidelines and Regulations for Research Among UAE Or the Importance of Research for UAE Suad Hannawi, UAE	
09:30 - 10:00	Specialized Nutritional Therapy in Cancer patients during chemotherapy - The Role of EPA Alessandro Laviano, Italy	Tackling Childhood Obesity in Abu Dhabi Rahma Al Ketbi, UAE	
10:00 - 10:30	Health Economics of Nutritional Therapy in Oncology Tariq Dandis, UAE	DNA Testing 'The Secret of a Healthier Life' Afif Abdel Nour, Lebanon	
10:30 - 10:40	Discussion	Discussion	
10:40 - 10:50	Coffee Break	Coffee Break	
Moderator: Cosette Fakh, Lebanon		Moderator: Rania Dghaimn, UAE	
10:50 - 11:20	Anaemia in Cancer Patients - Significance & Management Lina Wahba, UAE	Nutrient Profiling Model Arwa Almodwahi, UAE	
11:20 - 11:50	Cancer Patient treatment Journey-Different Nutritional Management Objectives Alessandro Laviano, Italy	Physical Activity Guidelines During Pregnancy and The Post-partum Period Veena Raigangar, UAE	
11:50 - 12:20	Changes In Carbohydrate, Lipid, And Protein Metabolism in Cancer Khalid A. Al-Madani, KSA	Weight-Cut Nutrition for MMA Fighters Mohammed Saad, Bahrain	
12:20 - 12:30	Discussion	Discussion	
12:30 - 13:30	Prayer/Lunch Break	Coffee Break	
Moderator: Anita Methrayil Koshy, UAE		Moderator: Bulbin Jose, UAE	
13:30 - 14:00	Protein in Critical Care – Renal patients Ashraf Elhoufi, UAE	Exposure to Aflatoxin M1 Through Breast Milk and Dairy Products in Lebanon; Hussein F. Hassan, Lebanon	
14:00 - 14:30	Aspiration Pneumonia Prevention: A Multidisciplinary Approach Salman Abdulaziz, UAE	Self-Management in Diabetes Mohamed Farghaly, UAE	
14:30 - 14:40	Maternal Nutrition Counseling Offered During Pregnancy Reduces Low Birth Weight Among Infants Born In Nairobi Slums, Kenya Carolyn Nyamasege, Japan	Do Lebanese Freshman Students Gain Weight? Suzan Haidar, Lebanon	
14:40 - 14:50	Improvements in long Term Weight-loss and Clinical Parameters With The Use of Nutrigenetics in a 2-year Maria Vranceanu, Italy	Knowledge, Beliefs and Attitudes of College Students Toward To The Role Dietary And Lifestyle Behaviors In Cancer Prevention: A Cross-sectional Study Form Sharjah/UAE MoezAlIslam Faris, UAE	
14:50 - 15:00	Effect of diet and lifestyle Counselling Among Impaired Glucose Tolerant Subjects Syeda Amena Omer, India	Smoking Among Children and Adolescences (10-19 years old) in the UAE, DUBAI Shurooq Alasmawi, UAE	
15:30 - 15:40	Discussion	Discussion	
15:40	Coffee Break	Coffee Break	
	Closing	Closing	

WORKSHOPS - Al Amwaj 1

26 October 2017

14:00 - 17:00 Food & Beverage Innovation & Renovation - Success & Challenges
Sweeteners and Sweetness:
Sweetener Safety

Omar Obaid, Lebanon
Ashley Roberts, Canada
Hossam Dabbous, UAE
Houssine Belrhiti, UAE

27 October 2017

09:00 - 12:00 **ASPEN WORKSHOP:** Assessment and Management of Nutrition Support
Case Based

Gil Hardy, New Zealand
Ainsley Malone, USA
Adrienne Speedy, UAE

14:00 - 16:00 Health and Fitness Keys (مفاتيح الصحة والرشاقة)

Osama Lalla, UAE

28 October 2017

08:00 - 10:00 Appropriate prescribing of Oral Nutritional Supplements (ONS) in hospital and
community (Nursing Workshop)

Jillian Wendy Rigg, UAE

10:00 - 12:00 Nutritional Management of Bariatric Surgery Patients

Fatma Sadek, UAE